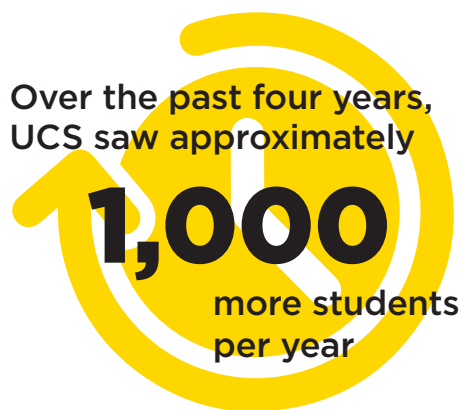
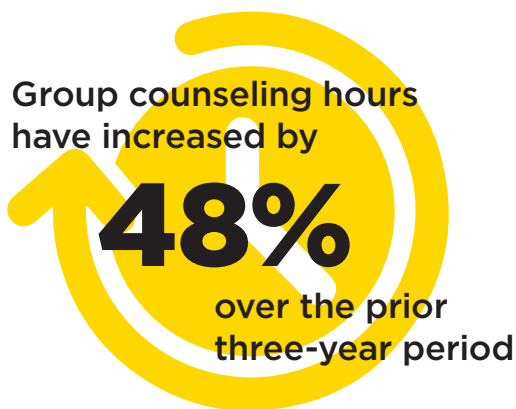
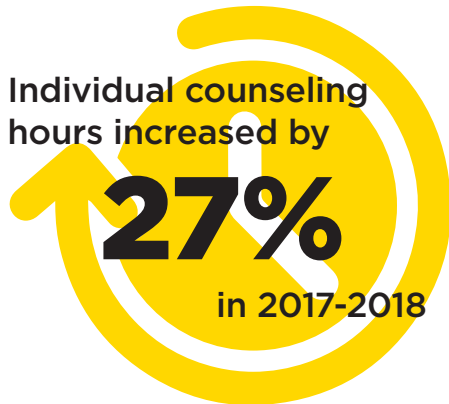




University Counseling Service (UCS) provides compassionate psychological services, outreach, and training that foster the mental health of students, nurtures student success, and contributes to a safe, welcoming, and multiculturally aware campus community.

Data gathered over the 2017-2018 academic year.



### **UCS CONTINUES TO MEET INCREASED DEMAND FOR SERVICES**

- **6,470** hours of individual counseling
- **5,168** hours of group counseling
- On average students receive:
  - o Urgent service **immediately**
  - o Initial assessment in only **11** days at the busiest time of the year
- On average students attend **5.4** sessions a year in order to satisfactorily meet their counseling goals
- **335** quick access appointments for triage, crisis response, or immediate problem solving in 2017-2018. This is a **36%** increase from 2016-2017
- UCS provided **1,225** outreach programs/ events to **23,420** students, staff, and faculty
- Students continue to rate that they are highly satisfied with their UCS experience, with **86%** of students giving UCS an "A"