

Recreational Services works to provide a diverse recreational experience that encourages active lifestyles for the University of Iowa community. The department's goal is to support the academic mission of the University while contributing to the holistic development of each individual.

Data gathered over the 2017-2018 academic year.

To date, 70% of the students at the University of Iowa have participated in one or more of our programs and services.



We have partnered with the College of Education to provide two practicum experiences for every elementary education major, totaling

250 students yearly.

OPPORTUNITIES TO PARTICIPATE INCLUDE	
46	Intramural Sport Leagues
48	Sports Clubs
91	Group Fitness Classes Weekly
10	Adventure Trips Annually
>6000	Hours of Open Access to Four Facilities

Participation in our programs and services contribute to growth and development of University of Iowa students. Based on a survey conducted by Sport Programs,

87% of students indicated that their involvement increased their ability to manage time effectively. In addition,

of students say participating increased their ability to identify individual strengths and the role they play in a group.