Well-Being & Mental Health Campus Collaborative

**Well-being at the University of Iowa is a process focused on life-long learning that promotes and sustains optimal health, personal connectedness, meaningful experiences, and a purposeful life.**

The Well-Being Campus Collaborative is a structured, coordinated effort to substantively improve the health and well-being of all members of the University of Iowa community. The Collaborative consists of participants who oversee mutually reinforcing activities around health and well-being on campus or in the community.

The Well-Being & Mental Health Collaborative is charged with outlining strategic priorities and a 3-year plan to meet our vision for the University of Iowa to:

1. embed well-being and mental health into all aspects of campus culture and,
2. leverage research, collaboration, and action to improve the well-being of our campus, the state, and the world.

**Charge:** The Collaborative will:

* Set yearly strategic priorities to embed well-being and mental health into all aspects of campus culture for students, faculty, and staff.
* Lead collaboration to elevate and expand current research, enhance campus-community partnerships, and identify gaps in student, faculty, and staff mental health and well-being programs and services.
* Develop and communicate a cohesive framework that supports the faculty/staff and student success pillars of the upcoming strategic plan and enacts the elements of a health promoting campus.
* Ensure well-being and mental health strategies are inclusive and culturally responsive.
* Develop key performance indicators and assess progress toward our strategic priorities.

**Scope:** The Collaborative is guided by the following principles:

* Both individual and population level interventions are essential
* Participatory approaches that engage the voices of students, faculty, and staff create more buy-in
* Multi-disciplinary research, collaboration, and cross-campus partnerships will be prioritized in order to sustain and institutionalize efforts.

**Sponsors:** Sarah Hansen, Vice President for Student Life, Kevin Kregel, Executive Vice President and Provost, Cheryl Reardon, Chief Human Resources Officer and Associate Vice President and Marty Scholtz, Vice President for Research

* Current health and well-being committees/coalitions may be organized within this structure or have a liaison relationship with Collaborative (e.g., Mental Health Postvention Implementation Team)

**Leadership:**

* Joni Troester, Senior Assistant Vice President and Deputy Chief Human Resources Officer (Co-Chair)
* Tanya Villhauer, Division of Student Life Assistant Dean for Well-Being and Basic Needs (Co-Chair)

**Deliverables:** The Collaborative is responsible for delivering the following:

* A cohesive health and well-being framework to guide action
* Annual strategic work plan to outline priorities, areas of focus, and budgetary needs
* Regular communication to the campus community to communicate the framework, highlight resources, and share progress and outcomes
* Key performance indicators to measure progress
* Support opportunities appealing to prospective donors