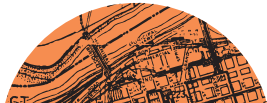


# Alternative SPRING BREAK

The Center for Student Involvement & Leadership's Alternative Spring Break (ASB) promotes service learning, social justice, and community building. In Spring 2018, Hawkeye Service Team members traveled to 16 locations across the U.S. for a six-day service immersion trip. Each team completed a semester-long course that anchored their service in an issue pertinent to the city they visited. Topics included educational equity, food justice, children's health, homelessness, and public health.

175 out of 180 first-time participants completed a survey about their experience. Students rated 10 Student Leadership Competencies in terms of growth in understanding and ability of the skill using the following scale: No Change / Somewhat Improved / Noticeable Improvement. On the left are the competencies with the most noticeable improvement. Participants were also asked to reflect on their ability to participate in socio-cultural conversations and their civic identity before and after the course.

## PERCENT OF STUDENTS REPORTING A NOTICEABLE IMPROVEMENT IN "ABILITY TO PRACTICE THE CONCEPT"



**65% INCLUSIVE BEHAVIOR**



**63% GROUP DEVELOPMENT**



**62% SELF DEVELOPMENT**

CONFIDENCE IN THEIR ABILITY TO PARTICIPATE IN SOCIO-CULTURAL CONVERSATIONS	I COULD DO THIS ON MY OWN THIS YEAR	
	BEFORE	AFTER
Lead a discussion with opposing viewpoints represented on a divisive social, political, or economic issue.	24%	48%
Remain impartial or objective in a debate about a social, political, or economic issue that I care deeply about.	40%	65%
Advocate for an "unpopular" position that relates to a social, political, or economic issue that I care deeply about.	34%	63%
Challenge someone who voices a perspective that is discriminatory in casual conversation.	58%	77%
Challenge someone who voices a perspective that is discriminatory in a formal setting.	33%	68%
Articulate my experience as it relates to addressing social or economic inequality to an audience that is not 'warm' to my perspective.	33%	68%
Voice an opinion where the majority of people don't agree with me.	41%	67%

CIVIC IDENTITY	STRONGLY AGREE		AGREE	
	BEFORE	AFTER	BEFORE	AFTER
I view myself as a community member at the University of Iowa.	28%	58%	50%	38%
I view myself as an active community member in Iowa City.	13%	26%	30%	54%
I view myself as an active community member in my hometown.	19%	25%	34%	39%
I can make a difference by serving my community.	40%	78%	46%	21%
It doesn't matter what you do to help others, it just matters that you do something.	18%	50%	51%	34%
I know how to make a difference in any community that I am part of.	10%	35%	35%	58%
Community Service is easy to do.	14%	33%	38%	42%
I know the difference between community service, volunteering, and service learning.	9%	45%	21%	47%